

Our OSP team are here to help you make the transition to IDDSI, the International Dysphagia Diet Standards Initiative, by May 2019. Remember to ask your visiting OSP clinician if you are unsure of how to get started, or call us on 0403903822 to discuss ideas on implementing IDDSI in your workplace.

## Implementing IDDSI May 2019

Are you ready for the International Dysphagia Diet Standards Initiative?



## What is the IDDSI Framework?

"Some people have problems feeding, chewing or swallowing. This means some foods and drinks are a danger for choking or for material to go down the wrong way and into the airway.

The International Dysphagia Diet Standardisation Initiative (IDDSI), through consultation and following best practice principles, has developed a global standardized way of describing foods and drinks that are safest for people with feeding, chewing or swallowing problems. The Framework can be used for people of all ages, in all care settings and can be applied to all cultures.

Simple measurement methods are included in the Framework. The measurement methods confirm the IDDSI Level a food or drink belongs to, or if it is unsafe for people with feeding, chewing or swallowing problems."

For more information, visit the IDDSI website: https://iddsi.org/resources/

Check out the IDDSI February Newsletter here

