



Our OSP team are here to help you make the transition to IDDSI, the International Dysphagia Diet Standards Initiative, by May 2019. Remember to ask your visiting OSP clinician if you are unsure of how to get started, or call us on 0403903822 to discuss ideas on implementing IDDSI in your workplace.

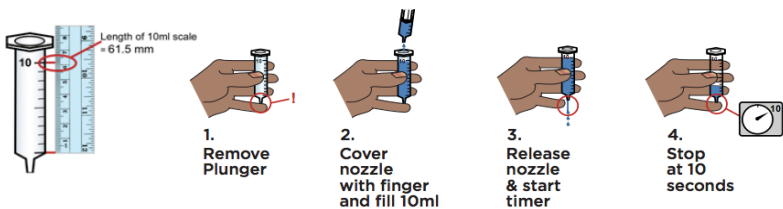
Implementing IDDSI May 2019

Are you ready for the International Dysphagia Diet Standards Initiative?

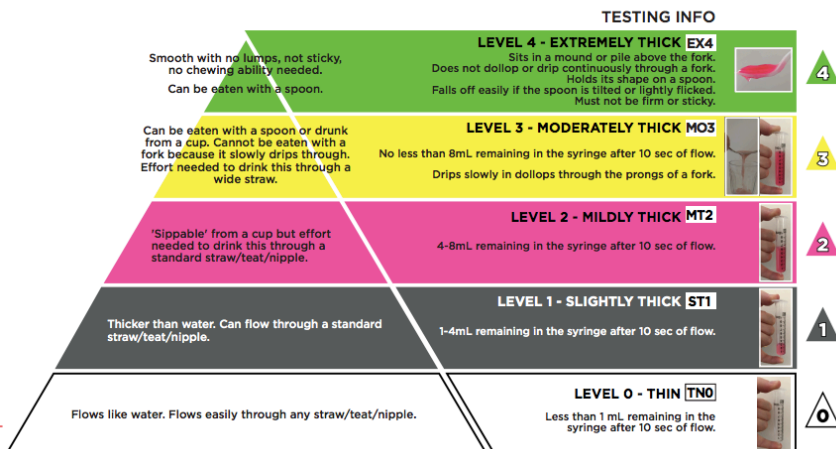


IDDSI Fluid Tests

FLOW TEST INSTRUCTIONS



DRINKS / LIQUIDS



DRINKS/LIQUIDS CLASSIFICATION AND TESTING

ADULT & PEDIATRIC

IDDSI ABBREVIATIONS

IDDSI PYRAMIDS

7 Regular	RG7
7 Easy To Chew	EC7
6 Soft & Bite-Sized	SB6
5 Minced & Moist	MM5
4 Pureed	PU4
4 Extremely Thick	EX4
3 Liquidised	LQ3
3 Moderately Thick	MO3
2 Mildly Thick	MT2
1 Slightly Thick	ST1
0 Thin	TNO

