

DO YOU TREAT YOUNG PEOPLE WITH AN ACQUIRED BRAIN INJURY?

Would you like to increase your patient's confidence?
Help them feel supported with a *relevant* support group

YOUNG stroke GROUP (YSG)

An Acquired Brain Injury Group

Young Stroke Group (YSG) - An Acquired Brain Injury Group is a group of people who have survived a stroke or brain injury when they were aged 15 to 40* as well as their friends and family, that provides mentoring, support and information.



The life issues faced by someone who has had a stroke at 25 are quite different to those of someone who has had one at 60.

Young Stroke & Acquired Brain Injury Group (formally *Different Strokes Young Acquired Brain Injury*) aims to address this point of difference.

Encourage your patients and their friends or family to join us for our monthly online forums, group meetings and education sessions delivered by volunteer professionals, where our members tackle issues such as:

- Career paths
- Coping with study
- Starting a family
- Living back at home with aging parents

Our meetings are held at Haberfield on the second Saturday of every second month 11am to 1pm

If you believe your patient would benefit from increased socialization, life satisfaction¹, and talking with like minded people, contact:

Lara Friedman or Sarah Cullen at friedmanlara@gmail.com

or Glenn Jackson at glennjackson@westpac.com.au

www.differentstrokesclub.org.au

*The age range is not so rigid but if you would like to suggest the group to a patient outside this range, please contact us before referring your patient as we aim to remain a younger stroke group.

¹Elman, R., & Bernstein-Ellis, E. (1999). The efficacy of group communication treatment in adults with chronic aphasia. *Journal of Speech Language & Hearing Research*, 42(2), 411-419.