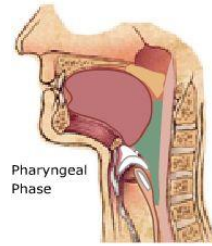


**EVERYTHING YOU WANTED
TO KNOW ABOUT SWALLOWING...**

**An introduction to Dysphagia Management for Enrolled
Nursing, Residential Carers and Catering Staff**

By the Optimal SP Team



About the Presenters: Our Speech Pathologists average more than ten years of experience in the management of clients with swallowing disorders. This program has been successfully received in acute hospitals, intensive care units, Parkinson's Disease Groups, residential settings, aged care and private homes.

Workshop Overview: Swallowing disorders are increasingly prevalent in our ageing community. The primary risks to safety associated with Swallowing Disorders are nutritional failure, pneumonia and choking. This workshop will introduce:

1. The Normal Swallow – anatomy and stages of swallowing
2. Common Swallowing Disorders
3. Signs and Symptoms of Swallowing Disorders
4. Risk Management/Safe Swallowing Techniques
5. Dietary Modifications
6. Ongoing Management Issues

Program: Total Duration of Introductory Presentation is 60 minutes. Programming can accommodate the needs of your particular work environment – for example, it will be possible to offer an intensive “Swallowing Awareness Week” with three sessions over the week to maximise opportunities for all staff to attend. Other facilities have varied the day/time when offering a series of weekly sessions. Additional modules (Dysphagia Therapy/Additional Investigations/Disability) are available on request.

Cost: \$250 per workshop, including handouts. We will liaise with you regarding your audiovisual facilities. Recommended group size >10 attendees to provide training at \$25 per participant.

Advanced: Additional modules on request: COPD, Parkinson's Disease, Dining with Dementia, Hot Dysphagia Topics for Managers.

Enquiries: Programs are generally booked six weeks in advance so early enquiry is welcome

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